The Iowa Center for Research by Undergraduates (ICRU) promotes student, faculty, and staff engagement in mentored research and creative work across all disciplines at the University of Iowa. ICRU will help you navigate your research experience successfully by showing you how to:

- Clarify your research interest
- Identify and contact potential faculty mentors
- Find funding for research experiences
- Learn how to effectively communicate research

**Why do research?**

Research and creative work are beneficial components of a rounded, balanced education.

- Identify an experience potential career paths.
- Develop problem solving and communication skills.
- Gain broader knowledge and perspective in your field.
- Build strong relationships with faculty and staff.
- Gain hands-on experience for graduate or professional schools and employment.

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“*Involvement in undergraduate research has reinforced my aspirations to pursue a PhD. in biomedical sciences and develop a lifetime career of performing medically relevant scientific research. It has given me the opportunities to kickstart this journey, including oral presentations, posters presentations, international conference attendance.*”

*Mikaela, Class of 2019
Majors: Biomedical Sciences, Dance*

“*Involvement in undergraduate research has helped me to become more confident in my decision to pursue a career in Anthropology, as well as narrow down what exactly I want to do within my field in the future.*”

*Alexa, Class of 2020
Major: Anthropology*
Fellowships and Awards

- Summer Fellowships ($2500)
- Academic Year Fellowships ($2000)
- Travel Awards (Up to $500)
- Excellence in Undergraduate Research Award (Fellowship + $1000 Travel Award)
- Distinguished Mentor Award (Fellowship)

URES Courses

Independent study courses for transcript recognition of research participation.

Events

- Annual Fall and Spring Undergraduate Research Festival (FURF and SURF)
- Marshall Undergraduate Research Conference
- Three-Minute Pitch Competition
- Research in the Capitol
- Mentee Training
- Workshops and Informational sessions

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“My involvement in research has taught me not to fear mistakes, but rather to approach them with a positive mindset in order to build and learn from them... my overall comprehension of science material and confidence have reached new depths in ways that couldn't happen by simply attending class.”

Rana, Class of 2020
Major: Biomedical Sciences

For Faculty

ICRU also works with University of Iowa faculty. Contact us for help with:

- Finding an undergraduate researcher.
- Learning about compensation methods for students.
- Discovering mentoring resources.
- Information about National Science Foundation’s Research Experience for Undergraduates.
- Undergraduate student support for grants.

Visit UIOWA.EDU/ICRU for more information

Questions? Contact us!

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Iowa Center for Research by Undergraduates